



ST. JOHN'S
UNIVERSITY



Study Abroad Parent Pre-Departure Orientation Spring, Summer & Fall 2019

Programming Notes

- Study abroad is a phenomenal opportunity. We'll cover some tough items up front, but don't lose sight: students lives are transformed by international education, and even more so if they're thoughtful about what they hope to get out of them.
- Don't worry about notes! The PPT will be available online.
- The PPT is also intended for parents who can't attend a session... So it's a bit wordy, and we'll only "talk through" the key points in order to leave time for questions.

What your students need to know...

The content in this presentation is also relayed to your student through the following pre-departure requirements. Deadlines are posted within your student's online study abroad portal

- OIE Orientation Course
 - Must be completed with 100% accuracy
 - Quizzes at the end of each section
- Required Online Forms
- Cultural Mentorship Program
- Visa Application (Semester & Exchange Programs, and some Short-Term programs)

What your students need to know...

The Repercussions of Missing Deadlines:

- If students have questions about any requirements, they should contact our office as soon as possible.
- Failure to complete all OIE pre-departure requirements by the deadline can result in withdrawal from the program. We want to work with you and your students to avoid this if at all possible!

Why?

- Many requirements (e.g., passports, visas) are well beyond St. John's control.
- Even though study abroad preparations can be complex, they're achievable by our terrific, adult students. We trust them to keep on top of deadlines and requirements as preparation for the responsibility they'll take for their experience abroad.

Safety and Expectations

Safety on SJU's Programs and Locations

Queens ∞ Staten Island ∞ Manhattan ∞ Europe

Partners and Resources

- St. John's own team of resident experts
- Itinerary review with Department of State (for locations with heightened security concerns)
- OSAC Contacts & Guidelines
- Department of State
- Federal Agencies
- U.S. Consulates Abroad
- Best practices followed by other top study abroad Universities
- 24-hour on-site security or reception
- Security cameras

Safety Abroad

How Does SJU Prepare?

- **Public Safety (PS) and OIE Partnership:** PS/OIE maintain updated, comprehensive protocols or processes for emergencies. PS/OIE also review worldwide news 24/7, focused on program locations. PS also keeps itineraries and traveler/contact info for all programs.
- **Department of State (DOS) Review:** OIE/PS reviews itineraries for programs in locations that have heightened security concerns with local U.S. Consulate officers and with an organization called OSAC, to help ensure program safety. DOS is also on-call 24/7. We also keep tabs on the DOS's recommendations, make decisions based on them and in the context of other universities' decision-making.
- **DOS Registration:** All U.S. citizens are registered before departure with the DOS's STEP program, so long as your student completes the online Passport Information Questionnaire by the applicable deadline.
- **Insurance:** We maintain comprehensive study abroad insurance for all travelers
- **24/7 On-Call Help:** OIE is always available.

Tip: Be prepared, but don't worry—we're a phone call away, and we're here to help!

Safety Abroad

How Can Families Prepare?

- **Research Study & Travel Locations—including Independent Travel Locations—as a Family:** Check reliable resources to learn more, like the U.S. Department of State, the Overseas Security Advisory Council, and the Centers for Disease Control, for safety, health, weather, and other important details. Make sure that you and your family are comfortable with the risks associated with any planned activities.
 - studentsabroad.state.gov
 - travel.state.gov
 - www.osac.gov
 - www.cdc.gov
- **Ensure Your Student Participates Fully in Pre-Departure and On-Site Orientation Activities:** We may review tips more than once, but that's because they're essential to minimizing risk and making the most of the experience.
- **Make a Communication Plan:** Know how you'll reach each other, during normal times and in the event of issues or emergencies. Ensure that your student has a phone on and charged at all times, and discloses their phone number—and independent travel plans—to you and to us.
- **Ensure Your Student Fulfills Program Requirements:** Online forms such as emergency contact info, flight details, international cell phone and independent travel plans help local teams connect with your students

Safety Abroad

How Do Students Prepare?

- Pre-Departure Orientation
- On-Site Orientation(s)
- Weekly meetings (Semester programs)
- Weekly Travel Email with up to date guidance and tips
- Online Form Submissions including:
 - Emergency Contact Information
 - International Cell Phone numbers (*mandatory)
 - Independent Travel Form (or, waiver):
 - Dates, Travel mates, Transportation, Accommodations
- **Encourage Your Students to Register Independent Travel** during, before and after their study abroad program **with the DOS STEP program**. STEP is a free service to allow U.S. citizens traveling abroad to enroll their trip with the nearest U.S. Embassy or Consulate. Benefits of registration include:
 - Receiving important information from the U.S. Embassy about safety conditions in your destination country, helping you make informed decisions about your travel plans.
 - Helping the U.S. Embassy contact you in an emergency, whether natural disaster, civil unrest, or family emergency
 - Helping family and friends get in touch with you in an emergency.

Safety Abroad: Risks

Inherent risks are those that are unavoidable and outside of your control.

Examples include:

- Illness
- Traffic accidents
- Inclement weather/natural disasters

Avoidable Risks are the ones that you can drastically reduce or even eliminate entirely just by using your head and taking the right measures. Examples include:

- Alcohol/Drug-related incidents.
- Illegal Cabs
- Pick pocketing

Unavoidable Risks are the ones that are unfortunately part of today's society and natural life. Examples include:

- Terrorist Attacks
- Natural Disasters

Safety Abroad:

Minimizing Risk & Maximizing Safety

Keep a Low Profile

- Don't flaunt expensive items (e.g., phones, jewelry, digital cameras)
- Avoid "expected" tourist behavior, such as being loud in English, etc.
- Pick-pocketing is a common, opportunistic crime – don't make yourself a target!

Be Aware of Your Surroundings

- Be wary of unsolicited help and overly friendly strangers; it may be a scam
- Beware of people bumping and pushing you (a common pickpocket scheme)
- Check to make sure you have all of your belongings before leaving anywhere (e.g., cab, bus, train, restaurant, etc.)
- Pay attention to what people around you are saying and doing
 - You don't need to understand the language to do this – if everyone is running from the bull, you should too! (this is a metaphor, we are **not** condoning the "running with the bulls" tradition)

Safety Abroad:

Minimizing Risk & Maximizing Safety

Take Precautions

- Before you travel abroad:
 - Clean out your wallet (e.g., MetroCards)
 - Notify your banks and credit companies of the countries you'll be traveling to
 - Make copies (or scans, or take photos) of important documents, such as credit and debit cards and IDs (e.g., passport, visa)
- Leave anything you don't need at home (e.g., heirlooms)
- Limit how much cash you carry; use a credit card as much as possible
- Never keep all your documents and money in one place or in one suitcase
- Avoid dark, unsafe places and walking alone
- Find out which areas of the city are less safe than others

Protect your friends

- Always keep an eye on each other and on each other's beverages, especially in unfamiliar settings
- Don't leave friends alone in strange places, even if they've made new friends

Safety Abroad: Getting Help for Individual Issues

(1) Contact Emergency Services (Ambulance, Police, Fire)

- This should **always** be your first step in the event of a serious emergency. Should you need additional immediate assistance, contact on-site staff.
- Local emergency numbers are provided during on-site orientations

(2) Contact the on-site staff and/or the faculty/program leaders

- On-site staff or program leader will instruct you on the next steps

(3) If you can't reach someone locally, call the Office of Public Safety in New York

- Available 24/7 at +1-718-990-5252

Special note for parents:

- During business hours, call OIE +1-718-990-6105: Mon.-Thurs. (8:30am-4:30pm), Fri (8:30am-3:00pm)
- Outside of business hours, call Public Safety +1-718-990-5252
- Someone from the Office of International Education in New York will always be on call in the event of an emergency.

Safety Abroad: Emergency Protocol Communication Plan

Students

1. If not at your program location/with St. John's staff or faculty: students check the cell phone number on file with Public Safety (make sure to update the number registered with UIS with your abroad number!). When relevant, St. John's will provide details on what to do next (e.g., where to go)
2. Call your abroad program location or program leader: students provide location and follow instructions (if any) on what to do next.
3. Students contact parents/emergency contacts to let them know that they are safe.

Parents

1. Call your student & Public Safety
2. Check our Website & Your Email

For Parents Webpage

- Did you know that you, too, should have a valid passport in advance of your student's travel?
- OIE outreach to parents
- Review the Parent Information and Pre-Departure Session presentations
- Available [here](#).



Expectations: Student Conduct

Expectations for Student Behavior

- All students in a Study Abroad program are bound by the St. John's Student Code of Conduct and are held to an even higher standard when representing St. John's in another country
 - Fewer "chances" before major sanctions are levied
 - Different adjudication process than on your home campus
- Sanctions are determined as a collaboration among the local staff and the Office of Student Conduct in NY
- Violations of the Code of Conduct can lead to immediate dismissal from your study abroad program
- Most sanctions are educational and will involve learning opportunities, though some sanctions involve restrictions on travel or group activities

Expectations: Student Conduct

University Alcohol Policy

The following behaviors are all violations:

- Sale, use, distribution, consumption or procurement of alcohol beverages for anyone who is under the age of 21.
- Being in the presence of alcohol on campus.
- Suspicion of alcohol intoxication
- Public disruption due to intoxication or drunkenness.

Expectations: Student Conduct

University Drugs Policy

- If a drug is illegal in the United States, it is considered illegal for use, possession or distribution by a student in a study abroad program
- Drug violations may lead to a dismissal from the program
- Purchasing drugs in foreign countries is especially risky due to legal implications

Studying & Service Abroad – It's what we're about!



Health and Wellness

Health Abroad: Health Insurance

(We've got you covered!)

- Automatically provided to all students going abroad through GeoBlue International Health Insurance
- Acts as your primary health insurance outside the U.S.
- Will assist you with making doctor appointments while abroad
- Provides instructions on pharmacies and how to fill prescriptions
- If you have to bring medication with you, you should contact your prescribing doctor to determine
 - what the medication is called in that country
 - whether or not it is legal and available in that country
 - we recommend bringing a full supply with you – by requesting a “vacation override” if possible
 - always bring prescriptions in the original container and with a copy of the prescription
 - If your prescribing doctor needs assistance making this determination, you can email GeoBlue (globalhealth@geobluehealth.com) and indicate that you are a St. John's student studying abroad on an upcoming program who needs assistance with pre-trip planning.

Using GeoBlue Insurance Abroad

- GeoBlue [general website](#) and [coverage summary](#)
- Insurance cards will be emailed from GeoBlue directly to students' SJU email address shortly before departure. Students will then need to create an online account with GeoBlue.
 - The insurance card should be saved on your phone or printed and kept in your wallet.
 - More info on how to use insurance abroad is provided during on-site orientation.
- On-site staff can assist with locating a hospital or doctor. They can recommend doctors who speak English and are used to working with our students.
- In some locations, we have been able to arrange for direct billing with GeoBlue. For others, students will need to pay out of pocket and submit for reimbursement. Please keep all receipts if reimbursement is needed and submit them directly to GeoBlue.

Health Abroad: Continuity of Care

- If you have:
 - A chronic medical condition
 - Ongoing psychiatric or psychological condition

It is very important that you continue any treatment you are receiving while you are abroad.

- Discuss your treatment needs with your healthcare provider and consider whether or not studying abroad is appropriate for you at this time.

Resources for Mental Health Concerns

- GeoBlue Insurance – can arrange appointments with local providers that are fluent in English and comfortable working with students from U.S. institutions.
- On-site staff – can connect you with the same local providers, and are also someone you can speak with (though they are not counselors).
- Pre-departure resources – work with your current counselor or therapist to discuss coping strategies abroad, and whether they are open to continuing sessions by Skype/phone while you are abroad
- St. John's After-Hours Mental Health Helpline – (718) 990 6352 – For immediate support when a local in-country mental health providers is not available, St. John's students who may have anxiety, depression, relationship issues and more serious concerns. Only available when St. John's offices in New York are not open.

Transitions and Relationships

Studying abroad is a major transition, both academically and personally. Here are some tips on how to deal with relationships:

- **Managing transitions:** Maintain contact with family and friends to ease the transition (e.g., send emails, schedule FaceTime/Skype sessions, text through WhatsApp, update Facebook, Instagram, Twitter posts, etc.)
- **Long-distance relationships:** Maintaining healthy long distance relationships can take a lot of effort and time. Each partner must be open and honest in communicating their expectations and desires.
- **New relationships:** An exciting aspect of living in a new country, particularly for students who have not spent much time away from home. It is also a time when students can be especially vulnerable, both emotionally and physically. This can involve taking certain risks (e.g., speaking a foreign language, encountering people who have preconceived negative views of the U.S.)
- **Sexual Assault:** Unfortunately, the sad reality is that sexual assault happens on college campuses in the U.S. – to both men and women. And, students who study abroad are 3-5 times more likely to experience sexual violence & misconduct while they are studying abroad.

Health Abroad: Diet & Exercise

Nutrition

- Be aware of your specific dietary needs, especially with new cuisine and foreign language menus.
 - Create a local language “cheat sheet” for yourself as a note on your phone.
 - The on-site staff are an excellent resource
- Eat new foods in moderation giving your stomach time to adjust to new foods.
- Try a new dish every week
- Drink plenty of water
- Avoid American fast food joints



Exercise

- Walk around and explore
- Find a jogging buddy
- Bring a resistance band with you
- Research fun YouTube workout videos



Living Abroad: Culture shock will happen, and that is ok



Remember to be extra sensitive to your friends

Living Abroad: Culture Shock

- Recognize symptoms:
 - Sadness / Homesickness / Loneliness
 - Anger / Irritability / Resentment
 - Anxiety/Depression
- Coping mechanism and strategies:
 - Become familiar with cultural norms
 - Keep an open mind
 - Talk to someone, a friend or any of the on-site staff
 - Get adequate sleep
 - Allow time to relax at the end of the day or in between events
 - Engage in conversations and activities with others on the program
 - Set aside time for yourself.
- Don't let the little things get you down!
 - Recognize that what you are experiencing is culture shock and that the feelings are temporary.



What to Expect Abroad

Arrival: Calling Home

- Set up a communication plan with family and friends.
 - Discuss how and how frequently you'll communicate while abroad.
 - A plan manages expectations and avoids needless worry.
- Discuss how you'll communicate while abroad.
 - E-mail, WhatsApp, FaceTime/Skype, Facebook, and other online voice and video services are good options for longer talks.
 - All students are required to have a cell phone while abroad and to keep it turned on and charged at all times – for emergency use and quick calls.
 - Know country and dialing codes (e.g., 011 from the U.S.)



Cell Phones Abroad

All students are required to have a cell phone that will work in their host country and remain charged and on at all times in case of an emergency. Study abroad students are **required to submit the cell phone number they intend to use abroad *prior* to departure**, just to ensure we have a way to reach the students (and vice versa) in the event of urgent issues or emergencies. This phone must be able to place and receive voice phone calls (not over WiFi/data) in the host country and the countries where students plan to travel independently during their study abroad program, and remain charged and on at all times.

Many students choose to use their U.S. phones while abroad, largely because they only use the phone itself for emergencies, while using WiFi – rather than data – for all the phone's smartphone functions to keep in touch with family and friends. Check with your carrier for details.

Cell Phones Abroad

Additional tips for staying in contact with friends and family both in the U.S. and abroad:

- **Check with your carrier** – if this option sounds good to you, be sure to find out how much it would cost if you received or made a call or SMS text from abroad (simply having the phone turned on, with data roaming off, costs nothing).
- **Keep cellular coverage on, data off** – this will prevent exorbitant roaming charges while still enabling you to make and receive calls. It is important that you check with your carrier to find out how much it would cost if you made or received a call or text.
- **Use WiFi and embrace messaging apps** – though it may be slower than what you are used to in the U.S., WiFi is available at the Rome campus and Paris and Limerick locations as well as some local coffee shops. Be sure to tell your friends and family which apps you will be using abroad so that they can download the applications before you leave.
- **Purchase a Local Pre-Paid Cell Phone** – pay as you go phones or SIM cards are generally cheap and easy to find in each location and can give you peace of mind that you won't rack up a large phone bill by the end of the semester. If you want to place a local SIM in your U.S. cell phone it must be **unlocked** and be able to function using a **GSM SIM card**.

Arrival: Transportation

- Information about traveling to the program location will be provided to students the week prior to the program's start date in their "Welcome Letter." Note that St. John's does not provide transportation from the airport to the program location.
- Exception: Students on the Global Passport Program group flight will be provided transportation between the airport and program location, upon both arrival and departure.

Preparing to Go: Baggage

Luggage Requirements

- Baggage allowances vary based on airline, destination and class of ticket booked
- Check with your airline for specific details – you are responsible for knowing the restrictions on your baggage
- For **transatlantic international flights** (e.g. *New York to Rome* or *New York to Paris.*) most airlines generally allow:
 - One bag per person with 1 carry-on and 1 personal item (like a purse or laptop bag)
 - Checked baggage cannot be over 50 lbs. – airlines will charge fees for any baggage over the weight limit.
- **Remember to leave room for souvenirs!**
- **Shipping/Mailing Packages to/from the U.S.**
 - Don't do it!
 - If you do, St. John's will not be responsible for lost items, items detained by customs, or any other issues encountered.
 - Postcards and letters are great!



Preparing to Go: Baggage

- **DTW, Ozanam & Catholic Scholars:** Flights between European cities limit your luggage allowance for the Semester to:
 - **One checked bag under 44 lbs;** no larger than 62 linear inches (height + length + width needs to total 62 inches or less),
 - **One carry-on bag under 20 lbs;** no larger than 21 inches long x 13 inches wide x 7 inches high).
 - **Excess baggage will not be allowed on the plane.**



Preparing to Go: Finances

Money Abroad

- Multiple methods
 - ATM: Check with your bank to make sure your card will work overseas (e.g., Plus, Cirrus, Visa Check Card, etc.)
 - Credit Cards: Visa or MasterCard; avoid Discover and American Express
 - Visa TravelMoney (Prepaid Card)
- Know the exchange rate
 - Visit sites like www.xe.com; gocurrency.com
- Utilize Online Banking
- We recommend bringing *some* local currency with you – the equivalent of \$100
- Make a money management plan



Semester Program Finances

Program Fee for Fall 2019

- Rome & Paris Semester programs: \$8,490
- Discover the World: \$8,990

Roughly the same as room/board in NYC

Program fee includes:

Housing, partial board, health insurance, in-city excursions and events, and community service opportunities.

Included Excursions:

Weekend and 4 or 5-day excursions for full semester programs in Rome and Paris; intercountry flights when traveling with the Discover the World program.



Additional Semester Program Finances

Airfare to and from Europe: \$1,000-\$1,500

Total Estimated Additional While in Europe Expenses: ~\$4,000

Meals not covered by fee: \$800-\$1,000

Each location has a different meal plan and relies on local cuisine

Books & Course Excursions: \$150-\$200

Personal Spending: \$2,000-\$4,000

Cell phone, laundry, toiletries, weekend travel



Financial Aid and Scholarships

All SJU Financial Aid Travels with You

OSFS “Comparison” Letters

Over \$600K in *additional* aid from St. John's for St. John's semester study abroad students based on FAFSA

Employment Opportunities

Generally limited to work-study eligible students

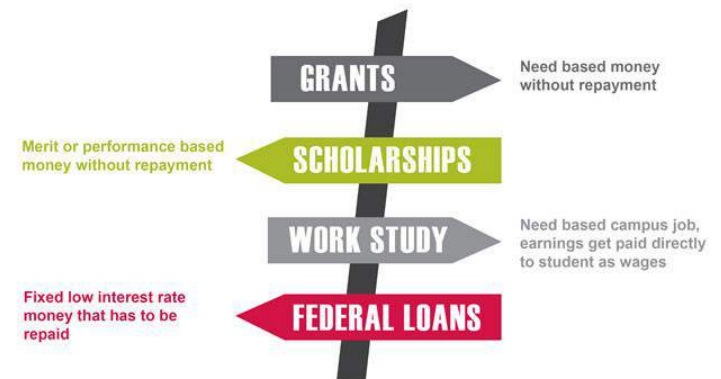
Competitive Scholarships

Gilman, Boren Scholarships, Italian Cultural Center

Review more study abroad Financial Aid resources [here](#).

Financial Aid Advisor

Kayon McKenzie brysonk@stjohns.edu



Living Abroad: Meals (Semester Programs)

- Meal plans, like the food, are different in each location; the food is *local*, so you generally will not find traditional American staples.
- Food options will be more limited than what you would find at a U.S. college cafeteria.
- Details concerning food options and meal times will be provided during on-site orientations.
- St. John's provides roughly 4 breakfasts + 4 other meals per week, on average. (Meals are not provided during university breaks/only provided when classes are in session).
- Consult the on-site staff if you have special dietary needs – they're an excellent resource!



Living Abroad: France



- **Facility:** St. John's Paris location
- **Location:** Central, on the Left Bank in the 6th *arrondissement* (also known as Saint Germain), across the street from the Vaneau metro stop and the Bon Marché department store.
- **Room Description:** Students are housed in cozy double rooms with bunk beds; each room has its own air conditioner and sink.
- **Bathrooms:** Single-sex shared bathrooms are available on each floor.
- **Common Space:** The Paris location has a TV lounge and a large dining hall on the first floor.

Living Abroad: France

- **Computers/Internet:** There is a computer lab as well as wireless internet access throughout the building. In-room wired connections are also available.
- **Laundry:** Coin-operated machines are available. Expect to pay €5-6 per load.
- **Linens:** Bed linens, a blanket, and one towel are provided; students are responsible for cleaning and maintaining these during their stay.
- **Meals:** All St. John's-provided meals are served in our dining hall.
 - Continental Breakfast & Dinner Mon-Thurs
 - Meals are not provided during university breaks/only provided when classes are in session
- **Classrooms:** Located within the building.



Living Abroad: Italy



- **Facility:** St. John's Rome Campus!
- **Location:** Central, about one block from the Lepanto metro stop and many major bus lines. Roughly 15 minutes' walk from the Vatican, with easy access to the historical center. Restaurants, shopping, cinemas and gyms are plentiful.
- **Room Description:** Students are housed in double and triple rooms, each with its own air conditioning and heating unit. Some rooms utilize bunk beds.
- **Bathrooms:** Single-sex shared bathrooms are available on each floor.
- **Common Space:** Each floor has a lounge space with a refrigerator and microwave; in addition, the campus has a large student lounge and a library.

Living Abroad: Italy

- **Computers/Internet:** There is a computer lab as well as wireless internet access throughout the building.
- **Laundry:** Coin-operated machines are available on campus. Expect to pay €4-6 per load.
- **Linens:** Bed linens, a blanket, and one towel are provided; students are responsible for cleaning and maintaining these during their stay.
- **Meals:** Students can use meal vouchers (45 Euro/week) to eat at many area restaurants and purchase food at local supermarkets. Meal vouchers are not provided for university breaks/only when classes are in session.
- **Classrooms:** Located within the campus building.



Living Abroad: Ireland



Mary Immaculate College

- Part of a larger international student body
- Full access to campus resources – Wi-Fi, IT support, computer labs, library, student lounges, fitness center, theater, sports stadium, etc.
- Classes taught by MIC faculty
- On-campus medical center – nurse and doctor visits
- Off-campus medical center options available after hours
- On-campus mental health counselors

Living Abroad: Ireland



Life in Limerick at the Pery's Hotel

- **Location:** 15-20 minute walk from MIC campus
- **Room Description:** Double and triple rooms with a desk and dressers
- **Common Space:** A small on-site gym and sauna, small study room
- **Internet & TV:** Wi-Fi, cable TV
- **Laundry:** Coin operated laundry facilities are available at the Pery's Hotel
- **Linens:** Weekly linen service for sheets and towels
- **Meals:** Breakfast at Pery's and lunch at the College Restaurant. Meals are not provided during university breaks/only when classes are in session.
- **Classrooms:** Located at the MIC campus

Discover the World

Three Cities, Three Cultures...
One Unforgettable Experience.

France, Ireland & Italy

- Modular class format
 - 5-week intensive classes allow for a full semester course load
 - Wide variety of core classes, languages, art & more!
- Experiential learning
 - Classes designed with interactive components and service opportunities to take full advantage of your surroundings

****Also DTW: Business (fall only) & Pharmacy (spring only) Programs!***



Discover the World: Business (Fall Only)

Open to majors and non-majors

- Take Tobin courses abroad while learning about a variety of industries in three different European countries.
- Engage with the local community through site visits, guest lectures, and seminars from local business owners in topics such as social entrepreneurship, branding, and fashion marketing.
- Make the most of the numerous educational and business related opportunities that Limerick, Paris & Rome have to offer.

Discover the World: Pharmacy (Spring Only)

Open to 2nd-year Pharmacy students

- Students enroll in one to two Pharmacy courses in each of the three locations
- Expose students to French, Italian and Irish culture—providing a cross-cultural perspective to students' academic studies
- Students gain a broader sense of European health practices and a global edge on their resume
- Stay on track for graduation

Living Abroad: Information Technology

- Nearly all students take their SJU or personal laptops with them to Europe.
- A small computer lab is available within the Rome and Paris locations. In Paris it's more like a "printing station." In Limerick, students can print on campus and use the MIC computer lab facilities.
- IT support services are available abroad if need be – students should contact on-site staff for assistance.

Living Abroad: Local Transportation

- You will be given more detailed information about local public transportation services at each of the on-site orientations.
- Use public transportation whenever possible
 - Planes, trains, and no automobiles – take the bus!
 - **Students should never rent a car or other vehicle and drive during a study abroad program or independent travel.**
- More Americans are injured in traffic accidents abroad than by any other incident. Make sure that you stay alert!

You will be responsible for local transportation.

Be sure to budget!

Living Abroad: Activities

- Each program and location has tons of things to see and do! Many students travel to other countries in their free time and explore.
- Special activities are also planned during each semester cohort that can range from group trips to historical cities to special cultural events!
 - The City's Top 5 Destinations
 - Can't miss these!
 - The banner events
 - Tell your friends!
 - On-Site Staff Favorites
 - Do as the locals do!



Semester Program Excursions

- Rome & Paris semester students have an opportunity to be immersed in their host country.
- Just like seeing New York City or Los Angeles doesn't show you all of the United States, the same is true of Rome & Paris
- These excursions are designed to show the uniqueness of different parts of the country
- Hotel, transportation and some meals are provided.



What Parents Need to Know Before They Go

- Get a passport or make sure your current passport is valid for the duration of your son/daughter's program
- Visit your student, but avoid visiting at the beginning of the program:
 - Transitioning into his/her new (temporary) home
 - May hinder decision making, problem solving and adjustment to the new situation
- The best time to visit is the end or after the program
 - S/he will be able to show you around, demonstrate their savvy travel and foreign language skill – and focus on enjoying your company!
- Not permitted during Short-Term programs
 - Plan a visit after the program dates

Keep in mind that U.S. citizens may only spend **89 days or fewer** in the Schengen territory within a 180 day period without a visa. Students participating in the Discover the World program will have very few additional days to travel in Schengen either before or after the program.

Semester Programs

Fall or Spring Semester

Discover France: Paris

Discover Italy: Rome

Discover the World: Europe

Fall Only

Discover France: Biology & Chemistry

Discover Italy: Business

Discover Italy: Psychology

Discover Italy: Rome Immersion

Discover the World: Business

Discover Italy: Pharmacy Sixth Year Program

Spring Only

Discover Italy: Education

Discover Italy: Rome Pharmacy and Physician Assistants

Discover the World: Pharmacy

Exchange Programs

The best opportunity for cultural and linguistic immersion

Exchange partnerships in:

Australia, Chile, England, France, Japan, Sweden, West Indies

- All programs selected and approved by St. John's
- Students pay tuition to St. John's and \$500 program fee; flights, housing, visa fees, food, etc. are paid directly to the host institution or relevant third party provider
- Some programs require foreign language fluency
- Deadline for spring '20 Exchange Program is October 1 and fall '20 is March 1



Short-Term Programs

Winter & Spring 2019 Programs went to...

Cuba, France, Greece, Italy



Summer 2019 Programs to ...

France, Guatemala, Italy, Jamaica



From Application to Departure!



Closely review the Accepted Students section of our website!

- Review financial aid options
- Apply for (or renew) Passport
- Complete OIE Online Orientation Course (April 1)
- Submit all required online forms
- Book a flight (by April 15-Semester, April 30-DTW)
- Register for classes! (in accordance with the SJU registration schedule)
- Have OIE review your visa application (May 1)
- Attend a Cultural Mentorship Program Workshop (April 25)

Let us know if you have any questions!

Phone: 718-990-6105

Email: studyabroad@stjohns.edu



Office of International Education

Queens Campus:

Office of International Education
Marillac Hall, Room 210

Phone 718-990-6105

studyabroad@stjohns.edu

Hours

Monday-Thursday: 8:30 am to 4:30 pm
Friday: 8:30 am to 3:00 pm

Staten Island Campus:

Office of International Education
Campus Center, Room B18

Phone (718) 390-4035

studyabroad@stjohns.edu

Hours

Mondays & Tuesdays 8:30am-4:30pm
(during the semester)



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